



Psymlicity
With you on your journey



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Meet our Clinical Team



Dr Jeremy Beider
CEO & Founder



Dr Monica Quadir
Medical Director and
CAMHS Lead
For team profiles [click here](#)



Dr Ismail Bensassi
Adult Psychiatry Team Lead
For team profiles [click here](#)



Dr Monica Berntsen
Psychology Team Lead
For team profiles [click here](#)

Psychiatry Services for Adults and Children





ASD Assessment

Using various specialists and evidence-based assessment tools and interviews, our Psychiatrist will guide you through the process of diagnosing ASD.

Following a diagnosis of ASD, the Psychiatrist will help you and your family understand what the diagnosis means and will offer a holistic plan to help the patient to support the patient with ASD and live their life to their best potential.

ADHD Assessment

Using structured and semi-structured diagnostic interview tools, our specialist Psychiatrists begin by exploring the patient's whole life's experience of any ADHD signs and symptoms to allow them to form an in-depth and accurate view of a diagnosis.

Following an ADHD diagnosis, the specialist will share medical advice to help manage symptoms and will recommend medical and psychological treatment most suited to the patient.





Medico-Legal Services

We've had years of experience producing detailed medico-legal documents for hundreds of winning clients. Our expertise across a wide range of conditions means we are well placed to provide any medical evidence you will need to support your case.

Our medico-legal services include: Medico-legal assessments; Medico-legal reports; Psychiatry expert witness; Medico-legal reports for solicitors.

General Assessment

Our general assessments give the patient the opportunity to discuss their historical and day-to-day difficulties, allowing the doctor to explore any patterns and differentiate an appropriate diagnosis, if necessary.

A bespoke treatment plan incorporating both medical and psychological support will be shared with the patient, giving them the best chance at recovery.



Psychology Services for Adults and Children



Psychological Therapy

- ✓ We provide a vast array of therapy types delivered by highly trained therapists and psychologists who want to make a difference.

Therapies include:

Cognitive Behavioural Therapy, Couples, Parenting groups, Psychotherapy, Cognitive Analytical Therapy, Dialectical Behaviour Therapy, Person-Centred, Existential, Psychodynamic, Transactional, Family & Systemic Psychotherapy, Couples, Narrative Attachment Theory and many more.

- ✓ Our therapy is delivered via secure video calling technology, giving you access from anywhere, so you don't need to worry about travel time and costs.
- ✓ Choosing a therapist that is an expert in helping you with your difficulties is important and so is choosing someone you can build a therapeutic bond with. That's why we offer a unique therapist matching service for patients who have had a psychiatry assessment.
- ✓ We use evidence-based measures to help you to track your progress in therapy so you can see the changes you are making to improve your life.



Neurocognitive Assessments, EEG, Neurofeedback and Neuromodulation

Dr Bentsen is a Consultant Psychologist and Neuropsychologist providing specialist psychological and neuropsychological assessments and treatments.

- ✓ Electroencephalogram (EEG) recording and interpretation of individual neurophysiological profiles as they relate to health and functioning.
- ✓ Treatment for people recover from stroke, brain injury and neurodegenerative disorders by helping the brain repair itself and regain functioning.
- ✓ Assessment and treatment of children and adults with mental health problems.

For more information, [click here](#)



Contact us



To arrange an appointment with any of our services, please contact us on the details below.



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E: customer@psymlicity.com



W: www.psymlicity.com